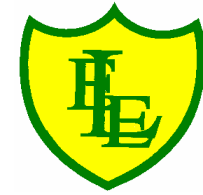




Eccleston Lane Ends ELE Essence Programme



	Autumn - Caring For Others			Spring - Caring For My World			Summer - Caring For Myself		
	Families & Friendships	Safe Relationships	Respecting Ourselves & Others	Belonging to a Community	Media Literacy & Digital Resilience	Money & Work	Physical Health & Mental Wellbeing	Growing & Changing	Keeping Safe
Y1	Roles of different people; families; feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful How bodies & feelings can hurt	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices Communicating online	Strengths & Interests Jobs in the community	Keeping healthy; Food & Exercise Hygiene Routines; Medicine Safety	Changes happen as we grow and that's ok; recognising and respecting private parts of the body	How rules and age restrictions help us; keeping safe online; Stranger Danger
Y2	Making friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions and explaining views	Belonging to a group; roles and responsibilities; being the same and different in a community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class or year	Safety in different environments; risk and safety at home; emergencies Stranger Danger
Y3	What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places Managing Dares
Y4	Positive friendships, including online	Responding to hurtful behaviour; managing confidently;	Respecting differences and similarities; discussing	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using	Maintaining a balanced lifestyle; oral	Physical and emotional puberty; external	Medicines and household products; drugs

	Working collaboratively	recognising risks online	difference sensitively			and keeping money safe	hygiene and dental care	genitalia; personal hygiene routines; support with puberty	common to everyday life First Aid Managing Dares
Y5	Managing friendships and peer influence Working collaboratively	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment; compassion towards others	Evaluating media sources, different media types, their role and impact	Identifying job interests and aspirations, what influences career choices; workplace stereotypes	Healthy sleep habits, sun safety; medicines vaccinations, immunisations and allergies	Personal identity; recognising individuality and different qualities; mental wellbeing	Keeping safe in different situations, including responding to emergencies; and Knife Crime & FGM Bikeability
Y6	Attraction to others; romantic relationships; civil partnership and marriage	Recognising and managing pressure; consent in different situations Forced marriage and available support	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	How information online is targeted; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change; loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media County Lines/Gangs