



A snapshot of how our BRICKS principles drive our **ELE Essence (PSHE & RSE)** curriculum:

Instil our **B**ritish Values including diversity:

- Specific strands and objectives in the Essence curriculum relating to inclusion and diversity eg. families and friendships, belonging to a community and respecting ourselves and others.
- No Outsiders reading spine includes specifically chosen texts to challenge and broaden children's views and perceptions of modern day Britain.

Develop **R**esilience & Resourcefulness:

- Difficult discussion and topics develop resilience.
- Understanding emotions and strength of character to have the confidence to make decisions in life.
- Knowing what to do, who to talk to and where to go, to solve a problem.

Inspire critical thinking and independence:

- Children are challenged to explore issues that are affecting them personally.
- Children are encouraged to explore different viewpoints on issues and critically consider the factual accuracy of information.

Create articulate learners:

- Discussion is a key feature of Essence lessons.
- Children are encouraged to value and respect alternative viewpoints and opinions on a range of issues.

Building upon **K**nowledge & skills:

- PSHE is embedded in every subject therefore knowledge is always built upon, equipping pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed choices.

Supporting well-being & health:

- Specific strand in the Essence curriculum dedicated to physical health and mental wellbeing.