

How to keep your child safe online

The internet is like a magician's hat. It's full of exciting things to discover and kids love it. But while they seem to know what they're doing, sometimes their parents don't – and that can be a worry.

That's why the NSPCC and O₂ have partnered to help parents keep their kids safe online. Here are some of the things you can do, and some of the ways we can help – every step of the way.



So what can you do?

1. Explore

Explore and understand the apps, games and sites your child uses and get to know your child's online world better.

2. Talk

Chat to your child about their online world, just as you'd ask about their day at school.

3. Agree

Set out the family rules to live well online. Discuss and agree ground rules and make sure you're a good role model.

4. Manage

Make the technology work for you. Adapt privacy settings and use parental controls where necessary.



Let's keep kids safe online

